



## 2021 NHRPA Schedule of Events

Thursday, January 7, 2021

- NHRPA Coffee Talk @ 10am with guest speaker TBD
- NHRPA Business Meeting following Coffee Talk

Thursday, January 21, 2021

- NHRHPA Creating a Culture of Resilience
  - Mental Health Awareness: Caring for Yourself, Being There for Others @10am
  - Sponsored by: HealthTrust – Speaker Lisa Maloney

Thursday, February 11, 2021

- NHRPA Creating a Culture of Resilience
  - Emotional Management During a Pandemic: Concrete Steps that Help... and How to Avoid What Doesn't – Speaker Lynn Lyons @10am
  - Sponsored by: Primex – all NHRPA members are welcome to attend, you do not need to be a member of Primex.

Thursday, March 11, 2021

- NHRPA Coffee Talk @ 10am with guest speaker
- NHRPA Business Meeting following Coffee Talk

Thursday, March 25, 2021

- NHRPA Creating a Culture of Resilience – guest speaker TBD

Thursday, April 8, 2021

- NHRPA Coffee Talk @10am with guest speaker

Thursday, April 22, 2021

- Creating a Culture of Resilience – guest speaker TBD

Thursday, May 13, 2021

- NHRPA Coffee Talk – 45 minutes with guest speaker
- NHRPA Business Meeting with budget vote

More dates coming soon!