



## Dr. Christopher Thurber

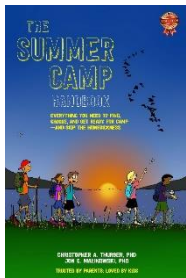
Psychologist, Author, Educator, Parent

[DrChrisThurber.com](http://DrChrisThurber.com)

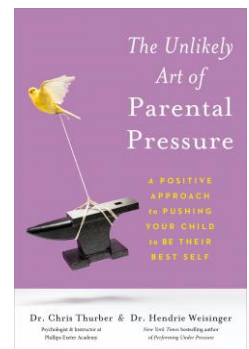
**Dr. Christopher Thurber** is a thought leader in positive youth development. He has dedicated his professional life to improving how caring adults teach and lead young people and to enhancing the experience of adventurous young people who are spending time away from home. A graduate of Harvard University and UCLA, Chris has served as a psychologist and instructor at Phillips Exeter Academy since 1999.



An entrepreneur from a young age, Dr. Thurber founded **Prep4Camp** and **Prep4School** to teach young people how to prevent intense homesickness and make joyful, successful transitions to boarding school and summer camp. One of Chris's first Prep4 videos won a *Telly Award* (Bronze) for best Non-Broadcast Instructional Video.



Camps and schools on five continents have invited Dr. Thurber to deliver keynotes, contribute articles, and lead workshops for faculty, families, staff, and students. His award-winning preparatory book for new camper families, *The Summer Camp Handbook*, was recently translated into Mandarin to help launch the youth camp movement in China. His latest book is *The Unlikely Art of Parental Pressure: A Positive Approach to Pushing Your Child to Be Their Best Self*.



Chris's writing has won several awards, including a *National Parenting Press Gold Award* and a *Golden Quill Award*. He has appeared on the Today Show, CBS This Morning, Martha Stewart, CNN, Fox, Canada AM, Beijing 57, and NPR. His research and musings on youth development and parenting have been featured in *The New York Times*, *The Wall Street Journal*, *USA Today*, *The Boston Globe*, and numerous magazines, such as *Parents*, *Parenting*, *Men's Fitness*, *Good Housekeeping*, and *Smart Money*. Internationally, Chris has been featured on Serbian, Canadian, and Chinese television, as well as in *Boarding*, *Lights Out*, and numerous blogs where he has shared best practices for education, mental health, and parenting.



A proud father of two boys (Danilo, b. 2002, and Sava, b. 2004), Chris and his wife, Simonida (a chemist and musician who grew up in Belgrade, Serbia), live in New Hampshire, in the northeast United States. You can learn more about Chris and access all of his content on [DrChrisThurber.com](http://DrChrisThurber.com). ↪